

August: Mission, Vision, & Goals

Be The Change

Leadership is a dialogue. Life of an Athlete is providing talking points to guide discussions in the NHIAA Student Leadership Committee (SLC) meetings. SLC members can take these topics back to school Student Leadership Team/Council (SALT/SALC) meetings for further discussion.

Hopefully, these quotes, questions, suggested activities, and current events help create meaningful conversations for leaders in high schools across New Hampshire to create change!



“Quotes”

“You got to be careful, if you don’t know where you are going, ‘cuz you might not get there.”
-Yogi Bera

“Setting goals is the first step in turning the invisible into the visible.” -Tony Robbins

Questions

- » Think about the goals you have achieved. How focused were you/your group? What made you/your group successful?
- » How passionate are you about your goals? Is it possible to be too passionate? Why or why not?

Suggested Activities

- » Assist with running Freshman Orientation, offer to run a question and answer panel for the new students, or put together a team building activity.
- » Create a group vision board by taking a cork board and having everyone post a picture or words on it that they envision for the group. By doing this together, it helps everyone feel involved and you can see how everyone wants the group to function.
- » Take your mission statement and core values, and make a poster to hang up in your school so everyone can see who your group is and what you’re about!
- » Ask your Athletic Director if you can help with the pre-season meeting, either by having your group present on the policies, expectations, or something your group feels all parents and students need to hear.

CURRENT EVENT

Pro-golfer Chris Stroud is probably a name you’re not familiar with. Stroud turned pro in 2004 and fought tooth and nail to keep his professional status. He contemplated quitting as he never had that career-defining win in 289 starts. Stroud created a vision board in his home gym with photos of professional golfers with their trophies, but their faces were replaced with his own. Stroud wanted to be the best, and he never quit.

