



**LIFE OF AN
ATHLETE**
A Program of NHIAA

ASSESS COMMUNITY SUPPORT WORKSHEET

Instructions:

1. Think of the members in your community and list titles and/or specific names according to what level of support they would offer the implementation and enforcement of the Life of an Athlete Program. *Community members to consider: coaches, principal, superintendent, guidance counselor, school faculty, parents, athletic trainers, police, alcohol/drug coalition members, business leaders.*
2. For those who are in the “6TH Man” or “Captain” write at least one way each of those in these categories will help move Life of an Athlete forward in your school.
3. Circle those members in the “Benchwarmers” or the “Cheerleaders” that are necessary to either be a “6th Man” or “Captain” to move the program forward.

BENCHWARMERS - No Commitment	6 TH MAN - Helpful
CHEERLEADERS - Passive	CAPTAIN - Part of the Leadership



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BUILDING SUPPORT WORKSHEET

Instructions:

1. List the circled names from the other side under “Potential Leader.”
2. For each potential leader, specifically indicate why their support is important, recommended information to highlight to get their support, and who will contact them and when.

Potential Leader	Why their support is important?	Information to highlight to get their support?	Who will make the contact/when?