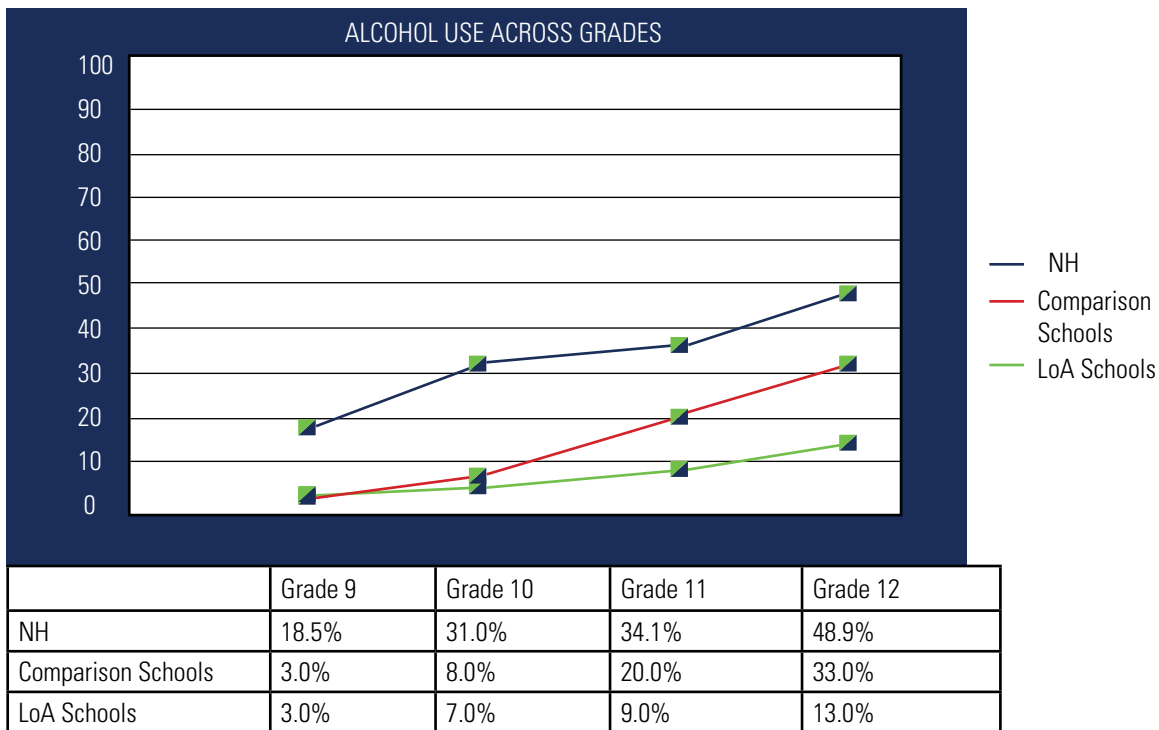


Percent of youth who used alcohol in past 30 days



Key Points from Year One (2013-2014) Evaluation

- 22 schools implemented all components in Year One (40 on track to do so in Year Two).
- 1,141 youth were trained.
- 323 coaches were trained.
- Schools are adapting LoA to fit their unique school culture and spreading the program message beyond athletics.

Statistically significant differences were shown in perceptions, knowledge and behavior among youth in LoA programs compared to youth not in LoA programs.

For example, significantly more youth in LoA programs compared to those not in LoA programs reported:

- Alcohol use impacts training and can lead to injury.
- Youth leaders avoid alcohol, tobacco and other drug use and they help teammates to do the same.
- They avoid substances to maximize performance.
- Lower use of alcohol, tobacco and marijuana.